



April 6, 2010

Join us this Friday for Art After Hours in Historic Downtown Wake Forest! The weather should be just right for the horse and carriage, live music outside at Sunflower Studio and Wake Forest Cotton Company, and plenty of art throughout Downtown. Check out the April Newsletter for a full list of activities:

<http://www.wakeforestdowntown.com/drc/docs/APRIL%202010.pdf>

Friday, April 9, 2010:

Story Time

Alphabet Soup Educational Supplies

10:00 a.m.

145 East Wait Avenue

Phone: (919) 554-3035

Join Alphabet Soup for a free story time!

Art After Hours

Historic Downtown Wake Forest

5 p.m. to 9 p.m.

Stroll down South White, South Brooks, Jones and Owen and check out live music and the arts. Grab a bite to eat at one of the 13 restaurants in the Renaissance Area.

Saturday, April 10, 2010:

Master Gardeners

Farmers Market

8 a.m. to 12 p.m.

110 South White Street

www.wakeforestmarket.org

The Farmers Market and the Wake County Master Gardeners will present information on preparing soil for planting. Music will be provided by Joe Woodson.

Wine Tasting

Twisted Vine

12:00 p.m. to 4:00 p.m.

156 South White Street

Phone: (919) 816-7657

Check out www.twisted-vine.com for the tasting notes and other information on the wines showcased. Twisted Vine is located above Wake Forest Coffee Company.

Yoga for Runners

Wake Forest Yoga

2:00 p.m. to 4:00 p.m.

103 South White Street

Phone: (919) 623-5410

Join Tiffany at Wake Forest Yoga for Yoga for Runners. The class is \$30. For more information, go to www.wakeforestyoga.com.

Ballroom Dancing

Tuxedo Junction

8 p.m. to 11 p.m.

405 South Brooks Street

Phone: (919) 556-2038

Join Kings Kompany at Tuxedo Junction for Ballroom Dancing. For more information, go to www.tuxedojunctioninc.com.

Sunday, April 11, 2010:

Pancake Breakfast

American Legion Post 187

8 a.m. to 1 p.m.

225 East Holding Avenue

Phone: (919) 556-2038

Join the American Legion for an all-you-can-eat pancakes and sausage breakfast. The cost is \$5 and the proceeds benefit community and veteran projects.

The Wake Forest Singers

Tuxedo Junction

5:30 p.m. to 7:00 p.m.

405 South Brooks Street

Phone: (919) 556-2038

Join The Wake Forest Singer at Tuxedo Junction for a great Sunday afternoon. For more information, go to www.tuxedojunctioninc.com.

Ongoing:

Boot Camp

Perfect Forms Massage and Personal Training

225 East Holding Avenue

Phone: (919) 818-4385

The boot camp runs Saturday at 8 a.m., Tuesday at 6 p.m. and Thursday at 6 a.m. for all of April. The cost is \$99 per person and you can attend as many classes as you would like. The classes are outdoors and are perfect for the fitness enthusiast looking for a challenge or a highly motivated beginner with basic understanding of exercise movement.

Are you an artist interested in getting your work out to the community? Applications are now available for artists and performers for the Autumn Arts Festival on October 2nd at www.wakeforestdowntown.com.

We're Hiring!
The Wake Forest Downtown Revitalization is hiring a part-time Program Assistant. Visit <http://www.wakeforestdowntown.com/drc/docs/Program%20Assistant%20Ad.pdf> for more information.

For a complete list of activities this weekend, go to www.wakeforestdowntown.com
Please feel free to call 919-570-1372 or email me at maggie@wakeforestdowntown.com if you need additional information.

We look forward to seeing you downtown!

Thanks,

Maggie

Maggie O'Neill
Executive Director
Wake Forest Downtown Revitalization Corp